

## Shop Smart - Save Money Holiday Edition

### This Session Will Cover:

For more information  
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- ◆ Tips & tools for saving money on groceries
- ◆ How to save on your holiday meal
- ◆ Simple meal planning to save time
- ◆ Tips on creating a food budget
- ◆ Coupons & much more!

**Free Virtual Workshop**  
**November 16, 2023**  
**2 pm, ET**



To register, visit Eventbrite at:  
<https://bit.ly/ShopSmart23>