

2023 Smart Money Moves Series

Here is a brief description of the sessions available in the Smart Money Moves Series. Each session is a stand-alone, one-hour in-person or virtual workshop providing both information and practical resources. To set-up a free financial workshop for your community, organization, or civic group, please contact N.C. Cooperative Extension – Nash County Center.

[Creating a Spending Plan](#)

This session will show participants why having a spending plan is important when it comes to financial freedom. They will get easy tools and tips on how to create a plan that works for their lifestyle along with tips on decreasing their daily spending.

[Shop Smart – Save Money](#)

This session has easily become the most popular in this series. As food prices continue to rise, it has become more important than ever to save on groceries. This session provides simple tools and tips on saving money at the grocery store. It includes information on planning healthy easy meals, coupons, creating a food budget, and much more.

[Shop Smart – Save Money: Holiday Edition](#)

This session is similar to our popular Shop Smart Save Money workshop. It includes extra tips on preparing for the upcoming holiday get togethers. This includes tips on cutting the cost of pricy friend and family holiday meals.

[Understanding Credit Reports](#)

This session will inform participants how to obtain a free credit report and how to review it. It also tells what to look for on your report and how to dispute and correct any errors that can negatively affect your credit score.

For more information, please contact:

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