



2023 Nash County 4-H Summer Camps



Age Requirements: are as of January 1st 2023

We are offering all age camps. Please check out the age requirements before signing your child up. Snacks are provided daily unless noted in the camp description. Some of our camps include lunch read each camps full description for details. We look forward to a great summer of fun and learning opportunities!

Registration Instructions:

STEP 1: Your child must be currently registered in 4-H Online. If not, go to v2.4honline.com and set up a new account or reenroll your child. Choose **2023 Summer Camps** for the club and **2023 Summer Camps** as the group.

STEP 2: Register & Pay for the camp(s) on the Eventbrite Links provided

Eventbrite Link: go.ncsu.edu/4hcamps

If you have any questions please call the 4-H office at 252-459-9810 or contact

amy_ormond@ncsu.edu

Cloverbud Chef's Camp

June 12th -13th

Cost: \$15.00

Location: Agriculture Center- 1006 Eastern Ave, Nashville

Time: 1pm-4pm

Ages: 5-7

Max: 12



Are you interested in learning your way around the kitchen? This camp will teach youth 5 -7 years of age how to safely prepare a healthy meal. Youth will learn kitchen safety, food safety, knife skills, how to measure ingredients, and the importance of making healthy food choices. This is a hands-on camp and youth will prepare a full meal each day.

Instructor: Regina Moseley- Extension Agent, Brenda Wind & Amy Ormond- 4-H Program Assistants

Hopping Into Bunny Fun

June 13th-14th

Cost: \$20.00

Location: Agriculture Center-1006 Eastern Ave, Nashville

Time: 9am-12pm

Ages: 5-12

Max: 12



This is designed as a beginner to intermediate bunny camp. Do you have interests in bunnies and want to learn more about them? We will introduce different breeds and learn everything there is to learn about Holland Lops and Netherland Dwarfs. We will have Holland Lops and Netherland Dwarfs on site both days for hands-on interaction. There will also be a few bunny activities and crafts to learn all about these cute, soft and lovable animals.

Instructors: Amy Ormond- 4-H Program Assistant

Horse Camp- Bailey NC (2 weeks available)

June 19th -21st OR

July 24th -26th

Cost: \$110.00

Location: Grove Cattle Co.- 6164 Old Smithfield Rd, Bailey

Time: 9am-12pm

Ages: 5-14

Max: 12



This camp is designed so cowboys and cowgirls can enjoy a real-world, hands-on ranch experience. Participants will learn horseback riding, roping and animal care during this three-day camp. Experience is not required. Come for a fun day on the farm learning all about horses. **Participants should wear long pants, closed- toe shoes and bring a drink and snack each day.

Instructor: Kristi Grove- Grove Cattle Co

Cloverbud Tye Dye Camp

June 19th

Cost: \$25.00

Location: Agriculture Center- 1006 Eastern Ave, Nashville

Time: 9am-12pm

Ages: 5-7

Max: 12



Let's see what all the fuss is about tye dying!! Come out and learn cool techniques on t-shirts and pillow cases. We will also learn how to dye flowers. This will be a fun activity for all our cloverbuds. (T-shirts, Pillow Cases and snacks will be provided)

Medical Academy

June 20th -22nd

Cost: \$60

Location: UNC Health Nash Women's Center – 2460 Curtis Ellis Dr.

Rocky Mount

Time: 9am-3pm

Ages: 10-18

Max: 20



Participants will learn first aid and medical careers from UNC Health Nash Women's Center professionals. Meet at the Nash Women's Center lobby on the first day of camp. Wear white, black or khaki pants and the provided T-shirt along with closed toe shoes. You will receive a 4-H Curriculum book and first aid kit at the end of camp. Each child will have a form from the hospital that will need to be completed the first day of camp before dropping off your child. Lunch is provided each day. T-Shirt will be provided on the first day unless noted otherwise.

Instructors: UNC Health Nash Women's Center Doctors, Nurses, and Staff, Amy Ormond- 4-H Program Assistant

Cellphone Photography

June 26th -29th

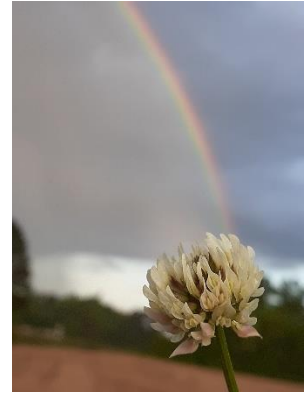
Cost: \$10.00

Location: Agriculture Center- 1006 Eastern Ave, Nashville

9am-10:30am Beginners (Ages 5-9)

Intermediate (Ages 10-up)

Max: 15



Do you have a camera on your phone? Each day during this camp you will learn a new technique with your phone camera. Your child will learn how to take professional-like photos, how to develop a photographer's eye, lighting and a variety of photography techniques that help them go from ordinary to extraordinary.

We will judge* these pictures and print the best pictures and have them framed at the end of the camp. You will also have the opportunity to enter in a statewide photo contest. See below

*Cloverbuds will not be judged but they will be printed.

Read below about an additional photography. All contest entries need to be submitted to our office by August 11th :

Dr. Kim Ingold 4-H Photography Contest. In loving memory of our dear friend. Dr. Kim Ingold developed her love of photography as a Stanly County 4-H member. Throughout her 4-H career, Kim was involved in county, district, and state events, which developed her photography skills. Kim was inducted into the NC 4-H Honor Club (our service organization with over 3,000 members with outstanding records of achievement and service involvement and dedicated to making the best better). Kim was a valued Honor Club member and believed in its mission of giving back to the community. When Kim aged out of 4-H, she became a treasured 4-H volunteer, attending most state level 4-H events to capture our memories through her photography. She was passionate about educating youth in any way she could. Kim was always there with camera in hand and more importantly there with a smile, a kind word, and a hug.

This statewide annual contest highlights North Carolina 4-H'ers' photographic achievements. The winning photos are then displayed on the North Carolina 4-H Photography Contest website.

Category: 4-H in Action, Nature's Beauty and Special Effects

Read more at: <https://nc4h.ces.ncsu.edu/youth-3/north-carolina-4-h-photo-contest/4-h-photo-contest-rules/>

Instructor: Brittany Barnes- 4-H Volunteer & Brenda Wind- 4-H Program Assistant

Vaulting Horse Camp- Bailey NC

June 26th -28th

Cost: \$110.00

Location: Grove Cattle Co.- 6164 Old Smithfield Rd, Bailey

Time: 9am-12pm

Ages: 5-14

Max: 12



This camp will introduce you to the world of equestrian vaulting. Learn how to perform dance and gymnastic moves on horseback. This is a fun camp for all levels of riders. **Participants should wear long pants, closed- toe shoes and bring a drink and snack each day.

Instructor: Kristi Grove – Grove Cattle Co.

Shooting Sports Camp

June 26th

Cost: \$25.00

Location: ENC Indoor Shooting Range Rocky Mount

(Transportation provided) Drop off at the Nash County Agriculture Center

Time: 9am-2pm

Ages: 9-18

Max: 12



Join us for a day of learning shooting sports techniques, gun safety, archery, and ax throwing. Each participant will get a chance to shoot .22 rifles, bows, and will also try their hand at ax throwing. If you have ever wanted to join our 4-H shooting sports teams, this will give you a good taste of the fun and learning opportunities available. Closed toe & heel shoes required. Lunch and snacks will be provided.

Instructors: Amy Ormond -Program Assistant, Nash County 4-H Sharpshooter Club Volunteers, & NC Wildlife

JC Raulston Arboretum & NC State Dairy Farm Tour

June 28th

Cost: \$35

Location: Traveling to Raleigh for two tours
(Transportation Provided) Drop off at Nash County Agriculture Center- 1006 Eastern Ave in Nashville

Time: 9am-3:30pm

Ages: 8-15

Max: 20



In this camp we will tour two cool places in Raleigh- JC Raulston Arboretum and the NC State Dairy Farm. We will spend the morning learning about all the different flowers on site and complete a plant activity. We will have a picnic lunch on the grounds and then head over to the NC State Dairy Farm. The dairy farm guides will take us around to see the cows and teach us about the dairy industry. We will also visit the dairy museum. We will finish the tour with some wonderful Howling Cow Ice Cream. A trip you will not want to miss! Pack a picnic lunch.

Instructors: Tour Guides at JC Raulston Arboretum & NC State Dairy Farm

Goat & Lamb Showmanship Clinic

June 30th

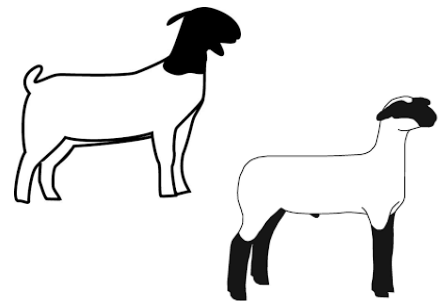
Cost: \$25.00

Location: East Carolina Agricultural & Education Center
(1175 Kingsboro Rd Rocky Mount)

Time: 9am-3pm

Ages: 7-up

Max: 20



Has your child ever wanted to learn all about showing livestock? This is a camp you do not want to miss. We will learn about two of the species you can show at our three-county show. Guest speakers will be on site to teach nutrition, grooming and how to get them ready for show day. At the end of the camp we will show off our learned skills with a small livestock show. Closed toe and heel shoes required. Lunch & Snacks will be provided.

Instructors: Jen Coltrain- Livestock Agent, Ayra Sundbom – Bearadise Farm, Amy Ormond and Missy Treffer- 4-H Program Assistants

Sew it Begins

Beginners Class

July 10th -13th

Cost: \$25.00

Location: Agriculture Center- 1006 Eastern Ave Nashville

Time: 9am-12pm

Ages: 8-up

Max: 10



This is a four-day camp where participants will learn the very basics of sewing and operating a sewing machine. Participants will make an apron and, depending on how they progress through the initial apron project, a few other side projects may be done too. All participants will receive sewing fabric, patterns and snacks.

*Participants need to bring a working sewing machine, sewing machine needles and a basic sewing kit that includes sewing scissors, sewing pins, measuring tape, etc.

Instructor: Brenda Wind- 4-H Sew What Club Co-Leader

Sew You Can Sew?

Intermediate and Advance Class

July 10th -13th

Cost: \$40.00

Location: Agriculture Center- 1006 Eastern Ave Nashville

Time: 9am-12pm

Ages: 11-up

Max: 8



In this four-day camp participants will learn to make dresses for the Samaritan Purse and donate them afterwards. Other small projects will also be made to take home. Participants must have completed the basic sewing camp or be a member of a sewing club or class. All participants will receive sewing fabric, patterns and snacks.

*Participants will need to bring a working sewing machine, and a complete sewing kit.

Instructor: Jane Tyson- 4-H Sew What Club Leader

Emergency Service Camp

July 10th-13th

Cost: \$30.00

Location: Claude Mayo Jr. Admin Building
120 W Washington St Nashville – 1st Floor Emergency
Operations Training Room

Time: 9am-12pm

Ages: 8-13

Max: 20



The Emergency Services Camp offers youth the opportunity to learn about the important roles public safety workers play in the community, as well as provide them with the basic understanding, responsibilities and future career opportunities with Emergency Medical Services, 911 Communications, Fire Marshall's Office and Emergency Management. Some topics that will be covered are CPR, first aid, skills operation of daily services, fire safety, emergency response and careers in these fields. Participants will be provided snacks and a T-Shirt to wear on an assigned day.

Instructor: Nash County Emergency Services Departments

In Home Embryology

July 11th -Aug 3rd

Cost: \$10.00

**Pick- up will be at the Agriculture Center/
1006 Eastern Ave Nashville (9am-1pm)**

Ages: 5-up

Max: 25



Our Embryology Program is a long standing 4-H program that provides children, of all ages, a hands-on-experience in the incubation period and hatching of chicks. The incubation period takes a total of 21 days for the chicks to hatch. Twelve fertile eggs, along with an incubator, thermometer, heat plate, chick food and complete instructions will be available at pick up.

Children and parents will be instructed to turn the eggs three times a day, maintain temperature and humidity daily until the chicks are ready to hatch. After hatching the chicks will have a few days with your family and then they must be returned along with the incubator and supplies to the Agriculture Center. Return date and time is set for August 3rd 9am-1pm

4-H Office Contacts: Amy Ormond- amy_ormond@ncsu.edu and
Brenda Wind- bwind@ncsu.edu

Day on the Farm

July 17th-19th

Cost: \$70.00

Location: Grove Cattle Co - 6164 Old Smithfield Rd Bailey

Time: 9am-12pm

Ages: 5-13

Max: 20



Come get a first-hand experience of the life on a farm! With this three-day interactive hands-on camp participants will get a chance to feed chickens, tend a garden, ride a horse, learn about different animals, groom a cow and too much more to list. Don't miss this chance to have fun on the farm! ** Participants should wear closed toe shoes and bring a drink and snack each day.

Instructors: Kristi Grove- Grove Cattle Co.

4-H Chopped Culinary Camp

July 19th -20th

Cost: \$20.00

Location: Agriculture Center- 1006 Eastern Ave Nashville

Time: 9am-12pm

Ages: 8-up

Max: 15



Are you the next top chef? This camp will challenge youth to work with a team and showcase their culinary skills. The first day is all about preparing a meal for the 4-H Chopped Culinary Competition. Youth will learn proper knife skills, food safety, how to properly measure ingredients, and nutrition information. Day 2 will be a group challenge. Youth will be divided into teams and each team will be provided a basket of ingredients they must turn into a main dish. Youth will prepare a short presentation to tell about their dish. Parents/guardians are welcome to attend the competition day of the camp.

Instructor: Regina Moseley- Extension Agent, Amy Ormond and Brenda Wind- 4-H Program Assistants

Fishing Camp

July 20th

Cost: \$25.00 includes lunch, bait, and fishing rods
(you can bring your own rod)

Location: Universal Leaf pond off Hwy 58 in Nashville
(Transportation provided). Drop off at Nash County Agriculture Center-
1006 Eastern Ave in Nashville at 8:30am

Time: 8:30am-2:30pm

Ages: 7-up

Max: 20



This camp will be a day of fishing and learning about different fish species found in our waters. Participants will learn, from a local Biologist, how they shock the water to check the fish and document the population. The shocking boat will also be available to view. Soil and Water Conservationist will also teach erosion control with rainfall simulator. Come and make some great memories with our Fishing Fun Camp.

Instructors: NC Wildlife & Amy Ormond- 4-H Program Assistant

Young Bucks Farm Tour

July 24th -28th

Cost: \$65.00

Location: Tour will be in Nash County and Surrounding Areas

Time: 9am-2pm

Ages: 9-up

Max: 15



Let's kick off the summer by taking a tour of area farms in the field crop, livestock and produce industries. We will also tour a feed mill and a meat processing facility. If your child is not sure how their food gets to the table they will have a full understanding after this camp. On Thursday of this camp we will learn our way around the kitchen and prep the items we picked up at the area farms and cook into a meal. Weather permitting the BBQ grill will be used for our meat items. Lunch and snacks are provided each day.

Instructors: Amy Ormond, 4-H Program Assistant, Jen Coltrain, Regina Moseley- Extension Agents

Criminal Justice Camp

July 31st – August 4th

Cost: \$30.00

Location: Sheriff's Office Curb- 222 W. Washington St Nashville
(Curb next to large parking lot)

Time: 8:30am-12pm

Ages: 8-13

Max: 20



Come learn about the justice system from the Nash County Sheriff's Office professionals. In this five-day hands-on camp participants will learn about K-9 training, crime scene investigations, narcotics investigation, computer crimes, swim safety and much more! T-Shirts are provided to wear on an assigned day of camp. Snacks are provided.

Instructors: Nash County Sheriff Deputies

Painting Outdoor Fun

July 31st

Cost: \$30.00

Location: Agriculture Center- 1006 Eastern Ave Nashville

Time: 9:30am-3:30pm

Ages: 5-15

Max: 15



A fun day planned for all ages painting and making items to go outdoors. We will have two age groups making different things depending on age. Items such as bird houses, flowers, bird feeders and more. Come learn how to be crafty!! Lunch and snack are provided.

Instructors: Amy Ormond & Brenda Wind- 4-H Program Assistants



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secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), gender identity, sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating.

University commit themselves to positive action to