

## Shop Smart - Save Money Holiday Edition

### This Session Will Cover:

**For more information  
please contact:**

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- ◆ Tips & tools for saving money on groceries
- ◆ How to save on your holiday meal
- ◆ Simple meal planning to save time
- ◆ Tips on creating a food budget
- ◆ Coupons & much more!

**Free Virtual Workshop  
November 15, 2022  
6:30 pm, ET**



To register, visit Eventbrite at:  
**<https://bit.ly/ShopSmart22>**