

2021

Nash County



Where Seeds for Success Grow

4-H Summer Program





2021 Nash County 4-H Summer Camps



All camps this year will follow the COVID-19 Guidelines that are in place at the time of the camp. All camps will be onsite at the Nash County Agriculture Center, 1006 Eastern Avenue, Nashville

[Nash County 4-H Summer COVID-19 Guidelines](#)

Social Distancing, daily temperature screenings and masks are REQUIRED mandated by the state of North Carolina executive order at the scheduled time of the camp. NC Cooperative Extension is required to follow the governors mandated executive orders that are in place at any given time. We also are required to follow county ordinances.

Nash County 4-H is offering virtual and in person camps this year. All the information is listed with each camp description. *Some programs listed at the end are not included in the Eventbrite registration and require a separate registration in which is provided with the camp details.*

Age Requirements: are as of January 1st 2021 and must have attended Kindergarten

Registration Instructions:

STEP 1: Your child must be currently registered in 4-H Online. If not, go to v2.4honline.com and set up a new account or reenroll your child. Choose **Member at Large** for the club and **2021 Summer Camps** as the group.

STEP 2: Register & Pay for the camp(s) on the [Eventbrite Link](#) provided. Please note Eventbrite charges an additional service fee on each camp.

STEP 3: Watch the video that is required to participate in face to face events hosted by the 4-H. Down below you will find the google link to complete and watch the video.

Google Link w/video: <https://go.ncsu.edu/returnface2face>

If you have any questions please call the 4-H office at 252-459-9810 or contact our [Nash County 4-H Team](#)

Virtual Summer Jam Kick Off

May 21 – Registration ends May 18th at 8 am

Cost: \$3.00 (you provide your own ingredients) *

*Freezer Pectin will be provided for a charge of \$3.00 since it's difficult to find. Recipe and Program supplies will be provided via email before the camp. You will need to pick up freezer pectin at our office once you have registered online.

Location: Zoom link will be provided

Time: 2pm-3:30pm

Ages: 9-18

Max: 12



Let's kick off summer by making a Triple Berry Freezer Jam. Youth will learn about the freezing method of home food preservation by making their very own Triple Berry Freezer Jam. They will learn kitchen and food safety, how to safely freeze foods to maintain top quality, and how to use frozen foods you prepare in healthy recipes. Youth will get hands on experience by participating through this online program with preparing their very own Triple Berry Freezer Jam.

Instructor: Regina Moseley- Extension Agent, Family & Consumer Sciences

Bug Palooza (Every Thursday for 5 weeks)

June 3rd, 10th, 17th, 24th, July 1st – Registration ends June 1st at 8:00 am

Cost: \$20.00

Location: Agriculture Center- 1006 Eastern Ave Nashville

Time: 10am-11:30am

Ages: 7-13

Max: 12



This camp is designed to meet once a week and learn all about insects, collecting them and create a shadow box display. You will also learn how to enter your project into the NC State Fair, if interested*. You will make a net and catch different insects throughout this camp. If you have an interest in insects, this camp is for you.

*Show Box Display not provided

Instructor: Matt Stevens- Extension Agent, Horticulture

Hopping into Bunny Fun

June 7th-8th Registration ends June 1st at 8 am

Cost: \$10.00

Location: Agriculture Center-1006 Eastern Ave Nashville

Time: 9am-12pm

Ages: 5-12 Completed Kindergarten

Max: 12



This camp is designed as a beginner bunny camp. Do you have interests in bunnies and want to learn more about them? We will introduce different breeds and learn everything there is to learn about Holland Lops. We will have Holland Lops on site both days for hands-on interaction. There will also be a few bunny activities to learn all about these cute, soft and lovable animals.

Instructors: Linda Long- Long Lops and Amy Ormond- 4-H Program Assistant

Leather Stamping

June 16th (Ages 8-12) Registration ends June 11th at 8:00 am

June 17th (Ages 13-up) Registration ends June 11th at 8:00 am

Cost: \$20.00

Location: Agriculture Center-1006 Eastern Ave Nashville

Time: 9am-12pm

Max: 10



Come learn about the art of leather stamping: the history and the how of it! Take advantage of a variety of different metal stamps that will only be available at this camp to design your very own unique and custom pieces. As time allows, campers will have the chance to color in their stamped designs. Each camper will have the opportunity to design a key fob/zipper pull, a leather clover magnet, and a leather wristband.

Instructor: Molly LaHay- 4-H Volunteer

Virtual Cellphone Photography

June 28th- July 1st Registration end June 23rd at 8:00 am

Cost: \$5.00

Location: Zoom Link will be provided

9am-10am Beginners (Ages 5-9) Completed Kindergarten

11am-12pm Intermediate (Ages 10-up)

Max: 15



Do you have a camera on your phone? Each day during this camp you will learn a new technique with your phone camera. Your child will learn how to take professional-like photos, how to develop a photographer's eye, lighting and a variety of photography techniques that help them go from ordinary to extraordinary. A 4-H leader will lead you during a zoom session and give you 24 hours to take the perfect picture to send to her via email.

We will judge* these pictures and print the best pictures and have them framed at the end of the camp. You will also have the opportunity to enter in a statewide photo contest. See below

*Cloverbuds will not be judged but they will be printed.

Read below about an additional photography contest added this year:

Dr. Kim Ingold 4-H Photography Contest. In loving memory of our dear friend. Dr. Kim Ingold developed her love of photography as a Stanly County 4-H member. Throughout her 4-H career, Kim was involved in county, district, and state events, which developed her photography skills. Kim was inducted into the NC 4-H Honor Club (our service organization with over 3,000 members with outstanding records of achievement and service involvement and dedicated to making the best better). Kim was a valued Honor Club member and believed in its mission of giving back to the community. When Kim aged out of 4-H, she became a treasured 4-H volunteer, attending most state level 4-H events to capture our memories through her photography. She was passionate about educating youth in any way she could. Kim was always there with camera in hand and more importantly there with a smile, a kind word, and a hug.

This statewide annual contest highlights North Carolina 4-H'ers' photographic achievements. The winning photos are then displayed on the North Carolina 4-H Photography Contest website.

Category: 4-H in Action, Nature's Beauty and My Best Friend

Read more at: <https://nc4h.ces.ncsu.edu/youth-3/north-carolina-4-h-photo-contest/>

Instructor: Brittney Wind- 4-H Volunteer & Brenda Wind- 4-H Program Assistant

Mooving Milk from Farm to Fridge!

June 22nd-23rd Registration ends June 18th at 8:00 am

Cost: \$15.00

Location: Agriculture Center- 1006 Eastern Ave Nashville

Time: 9am-12pm

Cloverbud's Only (Ages 5-7) Completed Kindergarten

Max: 12



4-H “Mooving Milk from Farm to Fridge” is a Cloverbud curriculum developed to partnership with the Department of Animal Science, The Randleigh Dairy Heritage Museum, and the Dairy Alliance. During this camp the participants will learn about the dairy industry and how dairy foods can contribute to a healthy diet. The curriculum will feature dramatic role play, math, science, social studies, and literacy activities. Each participant will take home activities to share with family members and reading material about milk safety.

Instructors: Kelsey Lichtenwalner- Extension Agent, Livestock
Amy Ormond- 4-H Program Assistant

Sew it Begins

Beginners Class

July 12th-15th Registration ends July 7th at 8:00 am

Cost: \$25.00

Location: Agriculture Center- 1006 Eastern Ave Nashville

Time: 9am-12pm

Ages: 8-18

Max: 10



This is a four-day camp where participants will learn the very basics of sewing and operating a sewing machine. Participants will make an apron and, depending on how they progress through the initial apron project, a few other side projects may be done too.

*Participants need to bring a working sewing machine, sewing machine needles and a basic sewing kit that includes sewing scissors, sewing pins, measuring tape, etc.

Instructor: Brenda Wind- 4-H Sew What Club Co-Leader

Sew You Can Sew?

Intermediate and Advance Class

July 12th-15th Registration ends July 7th at 8:00 am

Cost: \$25.00

Location: Agriculture Center- 1006 Eastern Ave Nashville

Time: 9am-12pm

Ages: 11-18

Max: 8



In this four-day camp participants will learn to make shorts. Participants can make multiple pairs and there also may be some other items they could make such as skirt or dress if time allows. Participants must have completed the basic sewing camp or be a member of a sewing club or class.

*Participants will need to bring a working sewing machine, and a complete sewing kit.

Instructor: Jane Tyson- 4-H Sew What Club Leader

In Home Embryology

July 13th -Aug 5th Registration ends July 7 at 8:00 am

Cost: \$10.00

**Pick- up will be at the Agriculture Center/
1006 Eastern Ave Nashville (12pm-4pm)**

Ages: 5-18 Completed Kindergarten

Max: 25



Our Embryology Program is a long standing 4-H program that provides children, of all ages, a hands-on-experience in the incubation period and hatching of chicks. The incubation period takes a total of 21 days for the chicks to hatch. Twelve fertile eggs, along with an incubator, thermometer, heat lamp, chick food and complete instructions will be available at pick up.

Children and parents will be instructed to turn the eggs three times a day, maintain temperature and humidity daily until the chicks are ready to hatch. After hatching the chicks will have a few days with the family and then they must be returned along with the incubator and supplies to the Agriculture Center. Return date and time is set for August 5th 9am-1pm

4-H Office Contacts: Amy Ormond- amy_ormond@ncsu.edu and

Brenda Wind- bwind@ncsu.edu

Career Day

July 19th Registration ends July 15th at 8:00 am

Cost: \$10.00

Location: Agriculture Center- 1006 Eastern Ave Nashville

Time: 9am-3:30pm

Ages: 7-18

Max: 15



Does your child know what they would like to be when they grow up? This will be a day filled with different careers coming together and making a fun learning opportunity for your child to learn all about each one. We will have nurses, firemen, construction workers, policemen, farmers and maybe a special guest or two here to teach the youth about their career. We are looking forward to a fun day!

Participants will be required to bring their own lunch & drink.

Instructors: Area Career Adults & Amy Ormond- 4-H Program Assistant

First- Aid Camp

July 20th Registration ends on July 15th at 8:00 am

Cost: \$10.00

Location: Agriculture Center- 1006 Eastern Ave Nashville

Time: 9am-12pm

Ages: 8-18

Max: 15



Who needs to know first-aid? You never know when you will need to know first- aid knowledge. Come learn the basic first-aid skills you may need to know in case of an emergency. We will have nurses from the Nash UNC Health Care Systems to teach bandage wrapping, poison prevention, CPR, choking, burns and cuts (not a CPR certification). Each child will receive their very own first aid kit and booklet on first aid.

Instructors from Nash UNC Health Care: Mary Strickland DNP, MSN, RN-C, NE-BC - Vice President of Nursing, Christie Poling RN-C, BSN, MSN-Shift Supervisor /Boots Vandemark RN-C, BSN- Shift Supervisor



Painting Outdoor Fun

July 22nd Registration ends July 20th at 8:00 am

Cost \$20.00

Location: Agriculture Center – 1006 Eastern Avenue, Nashville

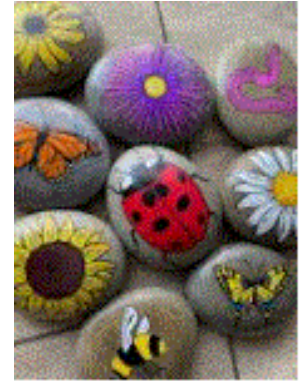
9:00 am – 12 pm (Ages: 5 – 8) Completed Kindergarten

1:30 pm – 4:30 pm (Ages: 9 – 18)

Max: 10

In this day camp, we will paint river rocks, make a bird feeder and paint other varies outdoor items. Each child will leave with river rocks to leave out in your community or in your own yard. Come prepared to paint with old clothes.

Instructors: Amy Ormond and Brenda Wind, 4-H Program Assistants



Nash County 4-H Showcase of Talent

Video Taping: July 26th & July 27th

Ages: 8 – 18 (as of Jan 1, 2021)

Cost: FREE

Nash County 4-H is excited to host a local 4-H Showcase Talent show in effort to name the top 2 talent performers to participate in the NC 4-H Showcase of Talent. Nash County 4-H will follow the guidelines as outlined in the [NC 4-H Showcase of Talent](#) except, Nash County 4-H will select 2 winners to enter into the state competition based on the videotaping's by Nash County 4-H. All performances will be videotaped at our Nash County Agriculture Center. Select judges will review each performance and recommend the winners. Winners will be notified early August so that entry can be made by the NC 4-H Showcase of Talent deadline of August 16th.

Talents will be videotaped at the Ag Center by appointment only on July 26th or July 27th. Times will be set based on availability. Our office will contact you to make the appointments and must be set by July 15th by close of business day.

The following opportunities have separate registrations!

Overnight Camp and Virtual NC 4-H Camps

Summer 2021

4-H Overnight Summer Camp

Betsy/Jeff Penn 4-H Educational Center in Reidsville, North Carolina

June 20th -25th

Ages: 8-14

See our website for more information and required forms

<https://nash.ces.ncsu.edu/2021/04/4-h-overnight-summer-camp/>



Contact our office to find out availability on 4-H Overnight Summer Camp

Nash 4-H “Just Grow It!

Cost: \$10.00

Ages 8 – 12 years of age

Register by May 10 at the

this separate [Eventbrite registration](#).



Join Nash County 4-H in the “Just Grow It” project where you will learn how to grow your own garden. Participants will engage in 9 lessons covering different gardening topics that will help your garden project succeed. The lessons will be self-paced and can be viewed as many times as you like. Cost: \$10.00 – includes the basic gardening supplies, seeds, and plants to start your garden. You just need to provide the gardening location or gardening pots and good soil to grow your garden.

What does “Just Grow It” Involve? Access to 9 lessons (self-paced) covering different gardening topics for you to follow: Super seeds, Seeding a garden, Planting a garden, Caring for a garden, Soil investigations, Beneficial bugs, Plant problems, Food safety, & Salad celebration. Participants will also be able to have assistance from our Extension team and we are planning to host check in’s once a month along with providing short videos of tips and cooking demos for what you are growing in your garden. We will be requesting pictures of the participants working in their gardens and preparing and cooking their vegetables. On May 18 or May 19 drop by our office between the hours of 8 a.m. until 5 p.m. to pick up your kit.

NC 4-H Grow Box

The Grow Box gives youth and their families the opportunity to explore their backyard or the natural spaces near them with guided activities designed to develop their science skills. You'll grow plants together, search for seeds, observe pollinators, and get creative with the hands-on activities in each box.



The Grow Box will be delivered to your door packed with engaging, hands-on activities for your family. Inside you'll find plants or seeds, tools for outdoor exploring, an activity book packed full of information including plant profiles from the JC Raulston Arboretum's gardens and fun garden games, and a garden journal to document your garden adventures.

This program is delivered to your door from North Carolina 4-H and the JC Raulston Arboretum at NC State University.

For more information and to sign up visit:

<https://growforit.ces.ncsu.edu/growforit-programs/growbox/>

Horticultural Science Summer Institute

June 21-24

Cost: \$35.00

Do you love plants? Are you in high school? Join NC State's Department of Horticultural Science for an exploration of horticulture through a virtual program that includes hands-on live workshops, do-it-yourself activities, videos and more. We will dig into topics like plant propagation, plant identification, garden design, growing fruits and vegetables and much more. The year's program is virtual, but will include a box full of the supplies you need to really engage in learning about horticulture.

Register Here: go.ncsu.edu/hssi

Join us for a virtual, hands-on horticulture experience for high school students!
Register Now: go.ncsu.edu/hssi

June 21-24, 2021
\$35 Registration

NC STATE
EXTENSION

4-H PEAK

The NC State 4-H Council proudly presents this series of FREE, fun, and interactive virtual programs. 4-H PEAK programs were designed by and lead by the State 4-H Council members.



For more information and to register:

<https://nash.ces.ncsu.edu/2021/02/4-h-peak-program-fun-and-interactive/>

Topics for May-July

- Parliamentary Procedure - The Basics
- Teamwork Games with a Purpose
- 4-H Yoga
- The 4-H Olympics
- The Scoop: A 4-H Dessert Social

Contact Information

NC Cooperative Extension, Nash County Center

Nash County 4-H

Nash County Agriculture Center

Room 102, 1006 Eastern Avenue, Nashville, NC 27856

Phone: 252-459-9810

Click [HERE](#) for our website for all the staff contact information.

Nash County 4-H Team Members are:

Sandy Hall, County Extension Director and 4-H Youth Development: sandy_hall@ncsu.edu

Amy Ormond, 4-H Program Assistant: amy_ormond@ncsu.edu

Brenda Wind, 4-H Program Assistant: bwind@ncsu.edu



NC State University and N.C. A&T State University commit themselves to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), gender identity, sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating. Accommodation requests related to a disability should be made at least 10 days prior to the specific program and contact Sandy Hall, sandy_hall@ncsu.edu at 252-459-9810.