

Emergency Preparedness

It is important to plan for emergencies before they happen. Three of the easiest things a family can do is create an emergency kit, along with an emergency plan, and a family communication plan. An emergency kit is important when it comes to preparing for possible emergencies, especially weather-related. Here is a basic emergency kit including basic household and personal items you may need in the event of an emergency. For more information on preparing for an emergency, including free emergency planning worksheets go to: ReadyNC.org.

Basic Emergency Kit

- Water (1 gallon per person per day for at least 3 days)
- Non-Perishable & Canned Foods (at least a 3-day supply)
- Cell Phone with Charger
- First Aid Kit
- Flashlight & Extra Batteries
- Manual Can Opener
- Prescription Medications
- Anti-Bacterial Hand Wipes
- Hand Sanitizer
- Toiletries (deodorant, soap, toothpaste, etc.)
- Battery-Powered or Hand Crank Radio
- Wrench or Pliers
- Pet Food & Water
- Cash
- Make sure to keep important family documents in a waterproof, portable container, such as:
 - Copies of Insurance Policies
 - Bank Account Information
 - Birth Certificates
 - Social Security Cards
 - Identification Information

