

JOIN US FOR A

FREEZER MEAL



**WORKSHOP
LEARN TO
PREPARE
MAKE AHEAD
MEALS**

**SEPT. 10
6PM-9PM
NASH AG CENTER**

**REGISTRATION FEE:
\$ 25.00
CALL 252.459.9810 TO
REGISTER**

**NC COOPERATIVE
EXTENSION**
NASH COUNTY CENTER

Registration
due by Sept.

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