**2019 Application Now Open!**

*For more information contact*

*Regina Moseley Family & Consumer Sciences Agent*

*252.459.9810 or regina\_moseley@ncsu.edu*

**Application Open: June 3, 2019**

**Application Deadline: July 31, 2019**

**Interview Dates: August 16, 2019**

**Training Begins: September 5, 2019**

**WHAT IS EXPECTED?**

* Complete the EMFV application and interview
* Complete mandatory 30 hours of training
* Communicate volunteer interests that suit   
  your skills to your supervising agent
* Contribute 30 hours of shadowing your supervising agent within the first year of service
* Contribute 20 hours of service per year, and   
  10 hours of continuing education
* Registration cost: $50.00

The NC State Extension Master Food Volunteer (EMFV) program provides NC residents   
the opportunity to engage with their communities by supporting NC Cooperative Extension programming in the areas of nutrition, cooking, food safety, and food systems. NC Cooperative Extension provides evidence-based information through community classes and events.

**Anyone interested in cooking, nutrition, food safety, or food systems can apply­!**

North Carolina Cooperative Extension is an equal opportunity provider. Accommodation requests related to a disability should be made by August 30, 2019 to Regina Moseley, 252.459.9810 or regina\_moseley@ncsu.edu

**OPPORTUNITIES**

**FOR VOLUNTEER**

**SERVICES INCLUDE:**

* Food Demonstrations
* Health Fairs
* Farmers Market Demo
* Assist with Programs
* Cooking Classes