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Teen Summer Job Fair a Success

The NC Cooperative Extension provides educational programs to inspire North Carolina's undeserved, families, youth, and communities to make decisions to improve their lives. In order to help local teens find productive use of their free time this summer, while learning life-long lessons on responsibility, finances, job search and interview skills, the Community and Rural Development (CRD) program hosted the 2018 Teen Summer

Job Fair on May 31st along with our job preparation program.



As part of our job preparation program, we provided a workshop on how to prepare for a job fair and interview and held the 2018 Teen Summer Job Fair. The job fair featured to local businesses from both Nashville and Rocky

Mount including, Zaxby's, Hardee's, TJ Maxx, Which Wich, Autobell Car Wash and Homewood Suites.

Thanks to this event approximately 300 teens got the opportunity to meet with local business representatives, fill out applications, and set-up interviews for summer positions.

The business vendors were impressed with our local teen participants. Our CRD agent is working to expand the program and offer the 2nd Annual Teen Summer Job Fair spring 2019!



*"This was a great opportunity
for my daughter "
~Parent (5/31/18)*

School Supply Drive

Please help Nash County students start the school year off right! The Nash County 4-H and Community & Rural Development (CRD) is holding a school supply drive for local limited-resource youth from

July 7th - August 17th. For more information, please visit our website at: Nash.ces.ncsu.edu or give us a call at, (252) 459-9810.



Drop-Off Locations

Nash County Agriculture Center

1006 Eastern Ave., #102
Nashville

Mon - Fri: 8 am - 5 pm

or

Farmers Market

1006 Peachtree St.
Rocky Mount

Tue: 4 pm - 7 pm or

Sat: 8 am - 1 pm



*It is important
to plan ahead
and talk about
what you will
do before,
during, and
after an
emergency.*

Emergency and Disaster Preparedness

It is important to plan for emergencies and disasters before they happen. Two of the easiest things a family can do is create an emergency plan along with an emergency kit. Families can discuss how they will contact each other during an emergency and where

you will go if separated.

An emergency kit is also important when it comes to preparing for possible disasters. For more information on preparing for a disaster go to:

ncdisaster.ces.ncsu.edu
For a free emergency

plan worksheet, go to: ReadyNC.org.

You can also download a free app for an all-in-one tool for emergency preparedness at ReadyNC.org.



Basic Emergency Kit

- Water (1 gallon per person for 3 - 7 days)
 - Non-perishable & canned food
 - Cell phone with charger
 - First aid kit
 - Flashlight & extra batteries
 - Manual can opener
 - Prescription medications
 - Anti-bacterial hand wipes or gel
 - Toiletries (soap, shampoo, toothpaste, etc.)
 - Cash
- It is also vital to have important documents

together in case you have to leave your home quickly. This includes:

- Insurance policies
- Copy of driver's license
- Social security card
- Bank records

This information was adapted from readync.org

Small Farms Week Essay Contest Winner

The NC Cooperative Extension, Nash County hosted the Small Farms Week Essay Contest for local middle school students in honor of Small Farms Week which was March 25 - 31, 2018. Each year the NC Cooperative Extension at NC Agricultural & Technical (A&T) State University recognizes the crucial role that small farmers play in the state of North Carolina's \$84 billion agriculture industry

during Small Farms Week.

The winner of the Small Farms Week Essay contest is Nathan Kiger, a Rocky Mount Academy student who is also part of Nash County 4-H! Nathan won an Agriculture Prize Pack worth \$100. For more information on resources and services for small farmers, please contact our office at (252) 459-9810 or go to our website at: Nash.ces.ncsu.edu.

The following sponsors
donated items for the Small
Farms Week Essay
Agriculture Prize Pack:

- East Coast Equipment
- Farmers Market, Rocky Mount
- Harrison Family YMCA
- Nash County 4-H
- Nash Co. Master Gardeners
- Nash Produce
- N.C. Farm Bureau, Nashville
- Sunset Slush, Nashville
- Twin Oaks Farm



**Small Farms
Week Essay
Winner Nathan
Kiger (top
right) with
Traci Dixon,
Community
and Rural
Development
Agent**

Nathan's Small Farms Week Essay

Small farms are extremely important for the rural economies because they keep the community self sufficient, keep the money within the community, and maintain competition in the local market place. In a times of distress, self sufficient communities don't rely on other areas to provide them what they need to survive. Small farms allow the community to be independent because we can grow our own food and we don't have to rely on another area to get the food that we need to survive.

The people that work for the small farmers don't have to go looking for a job in another county. This allows

the people in our community to have a job and make money that they spend on other goods and services in their own community. When there is a constant flow of money in a community, the economy strengthens because the money does not leave the local area. If everyone in the community had to buy food from a large farmer that was located in another community the money would leave the local economy and go to the economy that the large farmer is in. Local small farmers give people the option to buy local products and keep money in the community for example, a farmers market.

Farmers also keep other local businesses “in the black” because they buy products like equipment and

seed. It is not good for the economy when there is no competition. Small farms prevent monopolies from occurring by providing competition other large farms. When there is competition, consumers pay less when buying local products. The farms also stay more profitable because they are selling more of their crops. Directly or indirectly, small farms greatly improve the condition of our local economy by keeping the community independent, profitable, and competitive.



Small Farms Week Agriculture Prize Pack



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**For more information on resources
& upcoming community events**

Like us on Facebook at:

www.facebook.com/nashCRD

& join our "Know Nash County" page

**The NC Cooperative Extension, Nash
County Center delivers educational
programs and technology to enrich the
lives, the land and the economy for
individuals, families, farmers and
communities. We offer programing in
agriculture, food and nutrition, along with
community and 4-H youth development.**



Just One More Thing: Money Management

The NC Cooperative Extension, Nash County offers workshops on money management for community, youth, church and civic groups. Topics include creating a budget, understanding credit reports, and easy tips on how to save money at the grocery store.

We also have sessions available for youth including a basic money management workshop. Along with a financial reality session

where pre-teens and teens experience spending one months salary on essentials including, housing, utilities, auto, child care and more!

If you are interested in setting up a FREE session for your group, please contact Traci Dixon, Community and Rural Development Agent at (252) 459-9810 or by email at traci_dixon@ncsu.edu.

